



## Graubünden Excursion Suggestions<sup>1</sup>

**Vacation Home**  
***“Casa Sogn Giacun Guyet”***  
**Via Sogn Giacun 43**  
**CH-7165 Breil/Brigels**

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<sup>1</sup> Translated with [www.DeepL.com/Translator](http://www.DeepL.com/Translator)

## Preliminary remark:

The following suggestions are a small selection of your hosts and are based on your own experience. Please also make use of the extensive range of information offered by the Tourist Office and/or obtain information from the brochures provided in the apartment.

## Aare Gorge, Rheinfelden Waterfalls

Journey time from Brigels approx. 2 hrs.

Direction Disentis, Oberalp Pass, Andermatt, Bern. Take the motorway exit towards Sustenenpass. In Rhein-felden, park your car at the spa clinic, take the cable car uphill, walk about 15 minutes over waterfalls to the road (restaurant). From there walk down to the valley (approx. 1:30 hrs.) or return by cable car.

Then take the car in the direction of Aare Gorge West railway station. Take train 1 in the direction of Aare Gore East station; get off in the tunnel, walk over the Aare bridge and from there about 2 km on foot above the Aare at the rock through the gorge back to the car park.

Return journey as there, alternatively over Flüela Pass; journey time approx. 2:30 hrs.



## Panix Reservoir Lake

Journey time from Brigels approx. ½ hrs.

Direction Ilanz; in Rueun turn off, follow the road to the end of the Panixer reservoir (about 2 km towards Pigniu/Panix). The hike around the lake takes about 1:30 hours, awarded by spectacular waterfalls at the end of the valley. A barbecue invites you to a picnic.

Alternative: By car to Andiast; from there two beautiful hiking trails lead to Lake Panix (approx. 1:45 hours). After a good hour's barbecue, a little further turn off towards Pigniu/Panix possible. From Panix you can take the bus down to the Rueun station, from there you can take the bus back to Andiast.



## Rhaetian Railway Bergün-Preda

Journey time from Brigels approx. 1:45 hrs.



Direction Chur, motorway A13 direction San Bernadino, exit Tiefencastel. In Filisur direction Albulapass/Bergün.

Park your car in Bergün and from there take the Rhaetian Bahn 1 station to Preda (spectacular route with various tunnels and viaducts). From Preda Station the railway adventure trail Albula leads back to Bergün (8 km, approx. 2:30 hours hike).

Total duration from Brigels with stop: 7:30 hours

Stations of the Rhaetian Bahn:

Chur – Tiefencastel – Filisur – Bergün – Preda – Spinass – Samedan – Celerina – St. Moritz

From Bergün towards Samedan every hour from 8:30 to 22:30, from Samedan towards Bergün every hour from 7:46 to 20:46.

Price Bergün-Samedan 2026 return CHF 29.60 (adults); Bergün-Preda one-way CHF 9.40 (adults). Children pay half the price.

## Summer Toboggan Run & Rope Park Churwalden

Journey time from Brigels approx. 1:15 hrs.

The longest summer toboggan run in Switzerland and one of the longest in the world.

Direction Chur exit Chur-Süd. From there direction Lenzerheide/Churwalden. In Churwalden the summer toboggan run is signposted ("Pradaschier").

Spectacular route with 2-person bobsleigh on rails, approx. 1-3m above the mountain pasture (ascent with chairlift). At the top station of the chairlift restaurant and climbing course.

Prices **2025**: 1 trip (chair lift and tobogganing) CHF 29.50/20/15 (adults, students and children from 13 years, children under 13 years). 5-trip CHF 59/49/39. Opening hours **2026** daily 09:30-17 o'clock. Information phone: +41 81 3562209.



At the top station Pradaschier there is also a rope park with approx. 10 stations. Prices Summer **2025**: Single admission 2 hours Rope Park CHF 30/23/17 (adults, students and children from 13 years, children from 10 years from 1.40 m height).

**Option 1:** By car only to Chur, valley station Brambrüesch cable car. Buy a tobogganing adventure ticket there, take the Brambrüesch cable car up, walk a good 2 hours to Pradaschier along the beautiful panorama trail, go tobogganing and finally return to Chur by post bus from Churwalden. The adventure ticket includes the cable car ride, 1 x tobogganing and the post bus. In **2025** the price was CHF 43.50 for adults and CHF 19.50 for children aged 6-15.

**Option 2:** Connection with the tour Rhaetian Railway Bergün-Preda; from Churwalden it takes about 30 minutes towards Tiefencastel/Bergün. Both destinations together require good weather and early departure from Brigels.

## Vals Valley, Zerfreila Reservoir Lake

Journey time from Brigels approx. 1:15 hrs.



Direction Ilanz, in Ilanz direction Vals. After passing through the village, the route leads to a single-lane natural tunnel (traffic lights regulate the direction of travel). After the tunnel short drive, then park car next to restaurant.

Footpath to the dam, from there on a hike past the Zerfreila reservoir lake to the Valser Tal.

In Vals you can make a very interesting visit to the Vals mineral water bottling plant free of charge; please call +41 81 9207770 to find out the times in advance.

# Hiking Tours in the High Mountains

## ***Biferten Hut (2,482 m)***

Duration from Alp Quader above Brigels approx. 2:30 hours one way (6 km). Hiking boots, re-gen- or wind protection clothing, cap/gloves.

To Alp Quader (above Burleun) by car; alternatively, alp taxi (Tel. +41 81 941 2222), alternatively chairlift to Burleun, from there to Alp Quader on foot (approx. 30 min.). From Alp Quader follow the hiking markings white-red-white. 1:15 hrs. to Jägerhütte Rubi Sura, 50 min. to junction Biferten hut/Kistenpass, 25 min. to Biferten hut.

Way back to Alp Quader about 2 hrs.

Simple overnight accommodation at the hut (price adults 2025 CHF 37, with half board CHF 78; for AAC/SAC members CHF 27/68). In summer continuously, in autumn on weekends or after prior arrangement maintained, otherwise self-catering.

Contacts see <http://www.biferten.ch>



## ***Addition: Ascent to Kistenstöckli (2,746 m)***

Duration from Biferten hut approx. 35 minutes, descent approx. 20 minutes.

Take the steep path left of Kistenstöckli to the ridge. From there a short, rocky ascent leads to the plateau at the back of the Kistenstöckli. The way is secured with chains and well feasible also for children from approx. 8 years. The prerequisite is freedom from vertigo. Fantastic panorama from Kistenstöckli with views of Limmerensee, Muttsee hut, Kistenpass, Panixer Pass etc.

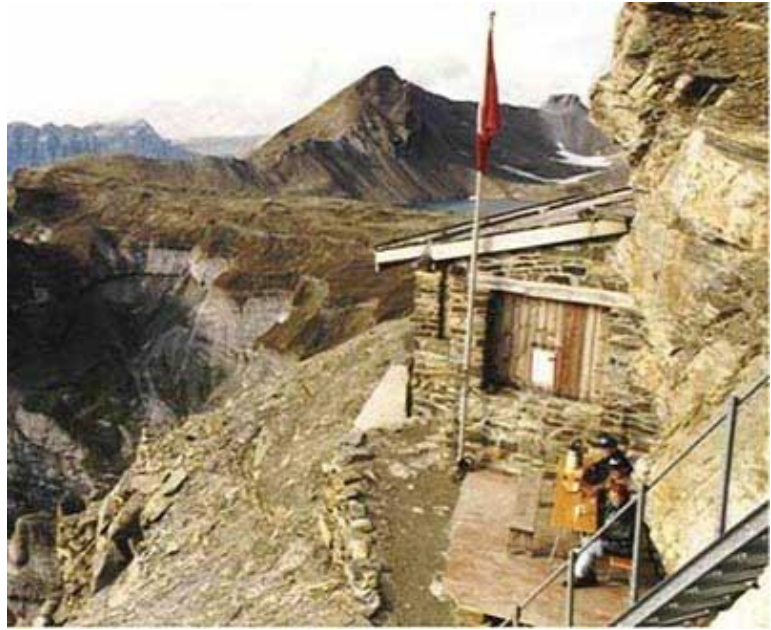


### ***Alternative Option 1: Kistenpass Hut (2,729 m)***

From Biferten hut or from the Biferten hut junction approx. 1:15 hrs. (2 km). The hut lies like an eagle's nest on a steep rock face. Access from the hiking trail above via metal ladder.

Accommodation **2026** CHF 50 (AAC/SAC members and children and young people reduced). Breakfast CHF 17, dinner CHF 30, in summer continuously, in autumn on weekends or by prior arrangement, otherwise closed.

Contacts see <https://www.sac-winterthur.ch/huetten/kistenpass.php>



### ***Alternative Option 2: Muttsee Hut (2,501 m)***



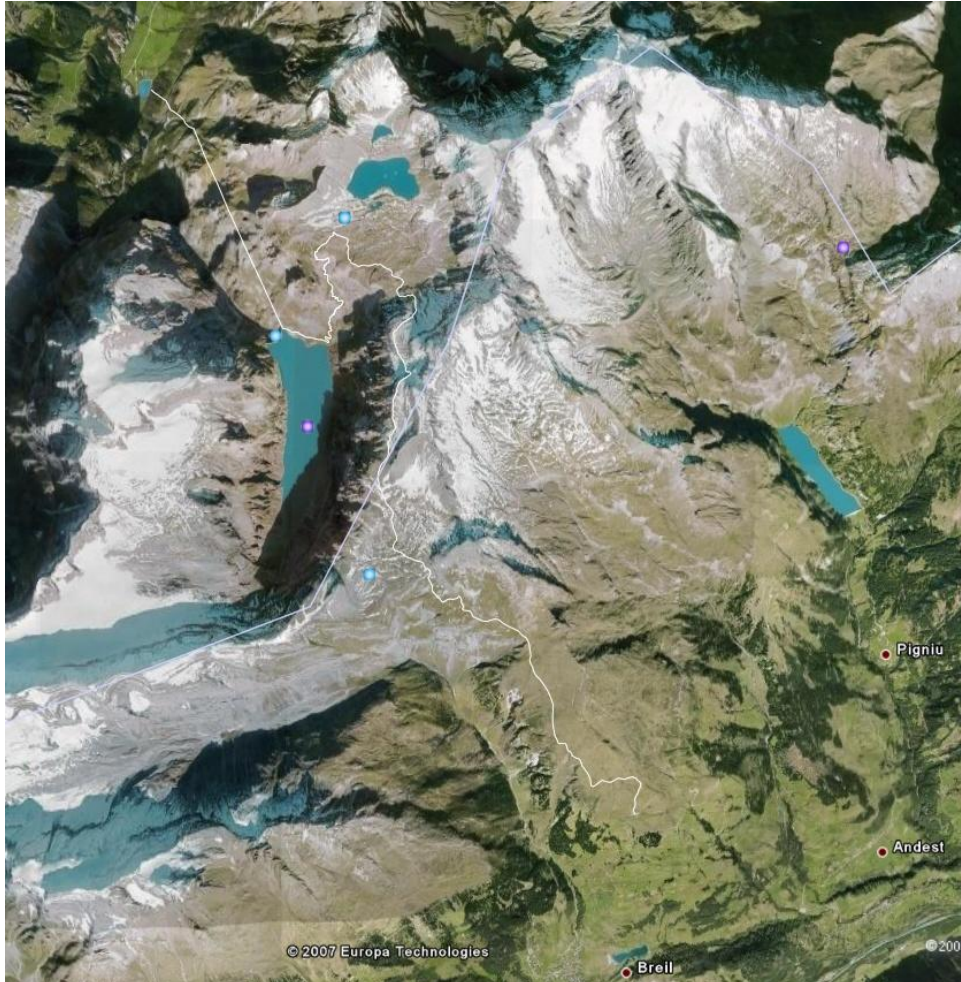
From Kistenpass hut approx. 1:30 hrs. (3 km). Accommodation **2025** CHF 52 for adults, children CHF 28 (AAC-/SAC-members reduced). Sleeping bag liner required, either brought along or rented (CHF 15). Optional additional half-board adults CHF 45, children (up to 12 years) CHF 30. in summer continuously, in autumn on weekends or after prior arrangement waited, otherwise closed. In the immediate vicinity of the hut is the highest dam wall in Europe.

Contacts see <http://www.muttseehuette.ch>

## Highlight: 2-day tour from Linnthal/Tierfehd

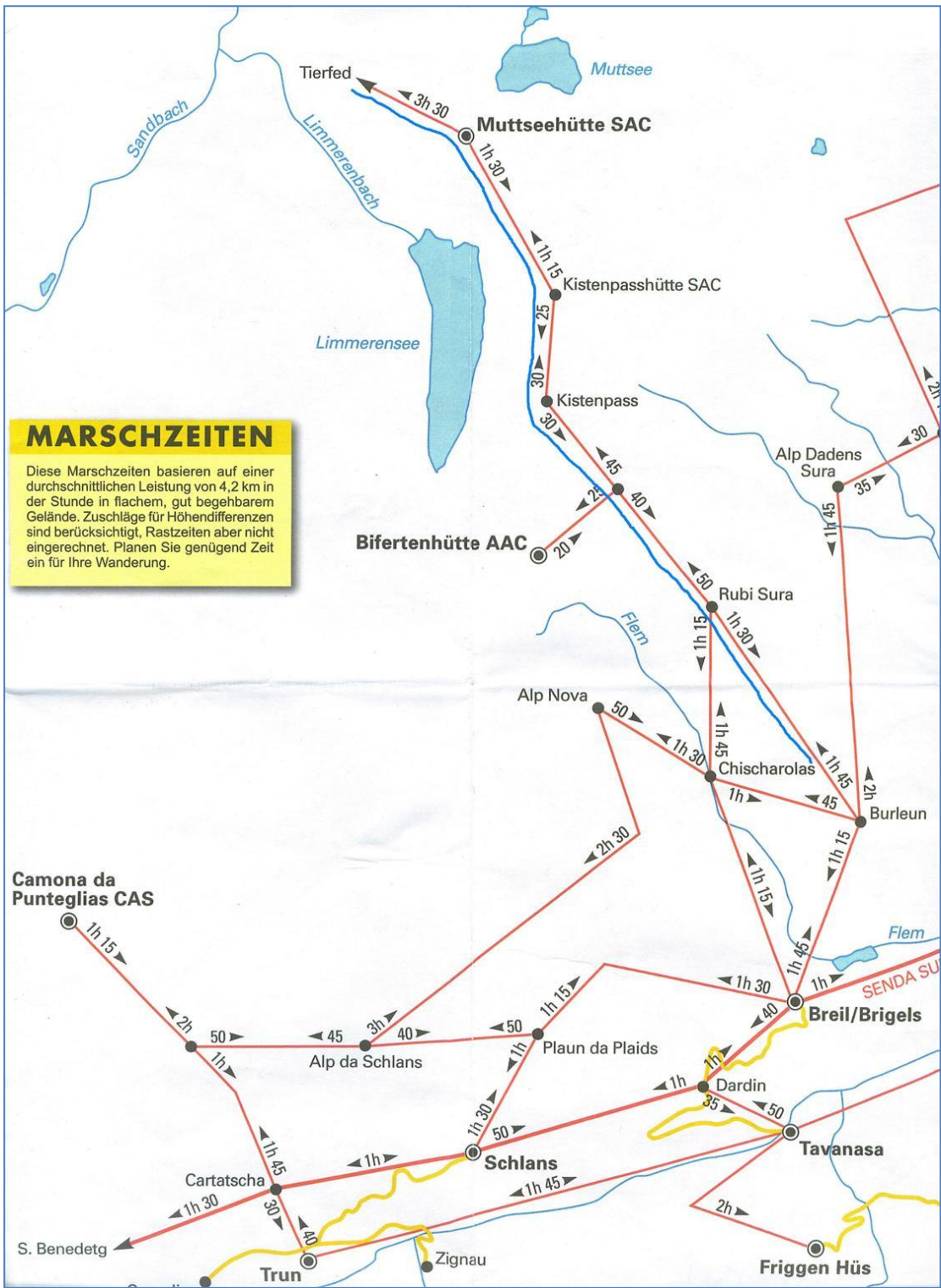
By car or train and alpine taxi to Tierfehd, from there take the cable car. Cost in **2025** CHF 12 one-way, 20 return; reduced fares for children. Ask for driving times before: Tel. +41 55 285 2485 or <https://www.axpo.com/ch/de/axpo-erleben/fuehrungen/pumpspeicherwerk-limmern.html>.

Timetable summer **2025**: 7:00-12:00 and 13:30-18:00; Saturday and Sunday 7:00-18:00 continuously



From the mountain station, follow the marked trail via Kalktrittli (partly exposed; sure-footedness required; critical in snow, though the route has since been improved and widened) up to the Mutsee hut, approx. 2 h 30 min (2.5 km). Alternatively, from the mountain station you can walk through the power-plant tunnel (approx. 3 km) to lake Limmern, then ascend on the hiking trail to the hut. This route also takes about 2 h 30 min.

Continue via Kistenpass hut (1:30 hrs.), Kistenpass (30 min.), turn off Biferten hut (30 min.), Rubi Sura (35 min.) to Alp Quader (45 min.). Overnight accommodation at Mutsee hut or Kistenpass hut. Prior request required (see above). We recommend an overnight stay at Mutsee hut; it is then sufficient to take the cable car from Tierfehd to Mittag. The Mutsee hut is comfortable and well-equipped. The path from Mutsee hut with a stop at the Kistenpass hut to Alp Quader, including short rest breaks, takes about 5 hours, so it is easy to walk on the second day.



## Pinut Via Ferrata



In the middle of the impressive rock face of the Flimsenstein lies a meadow that has been accessible since time immemorial and was also used for agricultural purposes: Pinut. During tourism development, Pinut and the Pardatsch meadow above it were developed for tourism. With metal ladders, the once risky ascent to a thrilling via ferrata adventure without risk and the Flimsenstein wall could be climbed from foot to plateau.

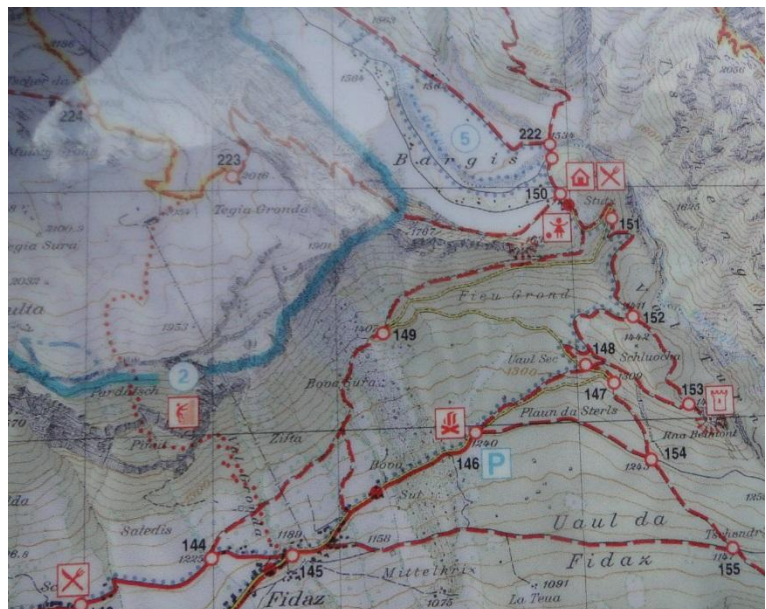
The path is anything but an easy walk and requires some precautions and safety measures. You can rent the necessary climbing equipment (helmet, harness, via ferrata set) e.g. in Flims in the sports shop Beat.

From Brigels it takes about 30 minutes by car to Flims Fidaz. You can park your car at the valley station of the Fidaz milk cable car; from there you can reach the via ferrata in approx. 30 minutes on a signposted footpath (1 km, 200 m altitude difference). For the via ferrata (1.7 km, 700 m altitude difference) you should plan about 2:30 hours.

The return is via the hiking trail to Bargis (just under 4 km, approx. 1 hour), and from there on foot (approx. 1 hour) or by post bus (note last departure times!) back to Fidaz.

For official guided tours, please contact the Flims Laax Falera guest information desk, phone +41 81 9209200.

Further information: <http://www.klettersteig-flims.ch>

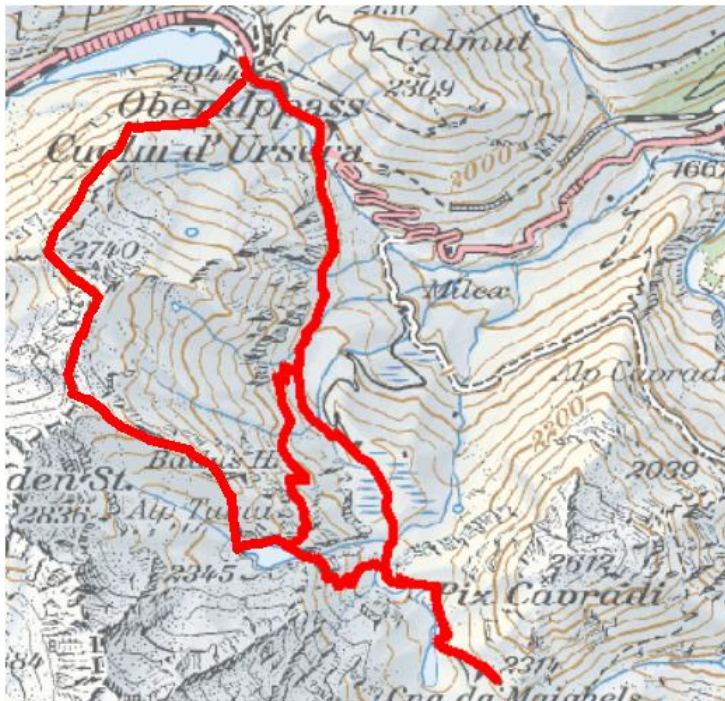


## Source of the Rhine (Tumasee, 2,345 m)

*The mighty lower Rhine glacier covered the whole valley during the last ice age. What has remained today is the firn hollow, in which the spring water of the lower Rhine collects, the beautiful Lai da Tuma (Tuma Lake), at 2,345 m altitude. The lower Rhine is considered the official source of the Rhine among the various source rivers.*

*A sign at the edge of the lake indicates that the Rhine travels 1,320 km from here to its confluence with the North Sea. Via Disentis its path leads to Ilanz; there it disappears for 16 km between the enormous scree mountains, steep limestone walls and bizarre forms of erosion in the Rhine Gorge (Ruinaulta), the "Little Swiss Grand Canyon". Here, at the end of the last ice age, there was the largest landslide in the Alps; rock masses slid into the valley between Ilanz and Reichenau. Since then, the lower Rhine has been digging itself into this scree, leaving behind an extraordinary landscape that is worth passing by the Rhaetian railway.*

From Brigels it goes first with the car or the Rhaetian Railway up to the Oberalp Pass (about 40 km, approx. 45 min. drive).



The hike begins opposite the Alpsu restaurant at an altitude of 2,044 m. You can choose a shorter, easier route (8 km, approx. 3 hours there and back, 350 m difference in altitude) as well as a more demanding, partly high alpine route with fantastic views over Andermatt into the Alps of Uri (almost 10 km, approx. 4:30 hours there and back, more than 700 m difference in altitude!).

The easier route first goes down the valley towards Tschamut, then diagonally along the slope of Pazzolastock (east side), at the fork in the road straight ahead towards Val Maighels. Halfway up to the Maighels hut the path branches off to the right and leads relatively steeply up to the source of the Rhine.

The more spectacular route runs on the back (west side) of the Pazzolastock. From the Oberalp pass it goes 3.4 km up to the northern, right ridge, then in several turns, partly very steep, up to the Pazzolastock up to an altitude of approx. 2,750 m, which one reaches after approx. 2 hours. From there you cross the rocky ridge of the Fil da Tuma over a partially exposed stretch and after approx. 45 minutes you reach the bathing hut at an altitude of 2,500 m (overnight accommodation and catering from mid-June to the beginning of October). From the bathing hut it takes about 25 minutes to walk on the charming alpine meadow route at Lai da Tuma and about 10 minutes on the left bank to the other end of the lake.



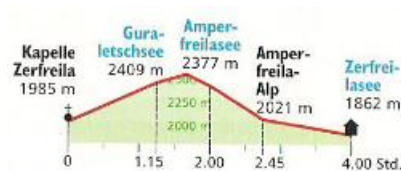
From here the way back is the same for both routes (about 1 hour): Up to a slight hill, then zigzag down to the point Tgatlens, where on the east side of the Pazzolastock you meet the way back on Route 1. From there along the slope to the starting point at Oberalp Pass.

Contacts Badus hut see <http://www.badushuette.ch>

## Vals Three Lakes Circular Trail

Journey time from Brigels approx. 1:15 hrs.; hike approx. 4 hrs.

From Brigels take the car as described above to the Vals reservoir. Opposite the restaurant, a narrow road leads up to the dam; behind it, it continues for about 1 km to a parking lot above the dam at a small chapel.



From the Zerfreila reservoir, a scenic path leads to two picturesquely situated mountain lakes, on the banks of which idyllic resting places invite you to linger.

The trail starts at the Zerfreila chapel (1,985 m) and follows the signs uphill towards "Guraletschsee/Selvasee". After about 1:15 hours you reach Lake Guraletsch at 2,409 m. There you cross the overflow on stone slabs and follow the path left keeping to a triangle, further straight ahead you reach the Amperfreila lake (2,377 m) after approx. 45 minutes of up and down.

There you turn left from the main path leading to Lake Selva in the direction of "Amperfreila/Valé". The little-used section of path runs down into a valley on an indistinct meadow path. Here you pay more attention to the markings painted on rocks, some of which are far apart.

The path runs more or less without a path along a stream. After crossing the stream, you reach the houses of the Amperfreila-Alp (2,021 m) about 45 minutes after setting off at the Amperfreila lake. From here it is about 1:15 hours to the starting point. The path bends left at the Amperfreila-Alp. In front of a waterfall you cross three streams, then the path becomes clear again. Above the Zerfreilasee you reach a driveway, which you follow up to the Zerfreila chapel, if the car was parked there in the parking lot. Otherwise, keep right downhill to the Zerfreila restaurant.